



# BULLY SELF-DEFENSE SKILLS the RED TIGER WAY!

All juniors are welcome to attend.  
Wear your karate uniform.

Limited number of tickets—Purchase tickets in class.



## SUNDAY, APRIL 18, 2010

**TIMES:** Junior students 1:00-3:00pm. Please pick up your child at 3:00pm at the latest.  
This seminar will focus on mental, verbal, and physical skills for kids to defend against bullies.

**LOCATION:** VICKERY ELEMENTARY GYM / 3301 Wager Rd. / Flower Mound, TX 75057

Judo is a martial art that means “gentle way.” It was developed from jiu-jitsu and was the first martial art to become an Olympic sport. This seminar will teach juniors practical judo techniques on mats including:

- ☯ Bully Self-Defense
- ☯ How to fall safely (great for other sports)
- ☯ Judo throws & takedowns
- ☯ Wrestling techniques
- ☯ Hold downs and pins
- ☯ Fun judo games

STUDENTS SHOULD WEAR KARATE UNIFORM.  
PARENTS - Child free shopping! Several malls less than 5 minutes away!

### From I35 E :

- Go west on 1171 (Main Street in Lewisville). Continue past Walmart and Old Orchard Rd.
- From 1171, turn left (south) onto Garden Ridge. Go through a couple stop signs.
- Turn right on Kirkpatrick (also called Bellaire Blvd, also called Wager Rd.) The street sign on the right will say “Kirkpatrick”. Go straight, you’ll see the school. Go to back parking lot.

### From I35 W:

- Take the Flower Mound exit and go east on 1171 (turn right on 1171). Travel through Flower Mound, staying on 1171.
- DO NOT TURN RIGHT ON KIRKPATRICK RD FROM 1171 (there are two Kirkpatrick Roads).
- From 1171 (after driving about 10 minutes), turn right onto Garden Ridge. Go through a couple stop signs, turn right onto Kirkpatrick (also called Bellaire Blvd and Wager Rd.). The street sign on the right will say “Kirkpatrick”. Go straight, you’ll see the school.

### • This is a unique opportunity!

Give your kids the confidence to know how to handle themselves when confronted with a difficult situation. *Mr. Margach personally guarantees that students will have fun, but more importantly, learn valuable life skills that will impact their lives.*

**PRICE:** Students purchasing tickets in class:  
\$25 (cash only please).

Parents can watch for free!

Tickets available on seminar day at the door for \$35 (cash only please).

### For More Info Contact:

Robert Margach / 817.845.1557  
e-mail: Director@RedTigerKarate.com  
web site: www.RedTigerKarate.com

### 2010 Spring Bully Self-Defense Seminar

Pre-registration in class \$25. Cash only please.

Red Tiger Id#: \_\_\_\_\_

Student Name: \_\_\_\_\_ Age: \_\_\_\_\_ Current Belt Color: \_\_\_\_\_

Em. Phone during the event: (\_\_\_\_) \_\_\_\_\_ 2nd Tel #: (\_\_\_\_) \_\_\_\_\_ Training Loc: \_\_\_\_\_

