



# BULLY SELF-DEFENSE SKILLS the RED TIGER WAY!

All juniors are welcome to attend.  
Wear your karate uniform.  
**Limited number of tickets—Purchase tickets in class.**



## SATURDAY, JULY 17, 2010

**TIMES:** Junior students 1:30-3:30pm. Please pick up your child at 3:30pm at the latest.  
This seminar will focus on mental, verbal, and physical skills for kids to defend against bullies.  
**LOCATION:** VICKERY ELEMENTARY GYM / 3301 Wager Rd. / Flower Mound, TX 75057

Judo is a martial art that means “gentle way.” It was developed from jiu-jitsu and was the first martial art to become an Olympic sport. This seminar will teach juniors practical judo techniques on mats including:

- ☯ Bully Self-Defense
- ☯ Judo throws & takedowns
- ☯ Hold downs and pins
- ☯ How to fall safely (great for other sports)
- ☯ Wrestling techniques
- ☯ Fun judo games

STUDENTS SHOULD WEAR KARATE UNIFORM.  
PARENTS - Child free shopping! Several malls less than 5 minutes away!

### From I35 E :

- **Go west on 1171 (Main Street in Lewisville).** Continue past Walmart and Old Orchard Rd.
- **From 1171, turn left (south) onto Garden Ridge.** Go through a couple stop signs.
- **Turn right on Kirkpatrick** (also called Bellaire Blvd, also called Wager Rd.) The street sign on the right will say “Kirkpatrick”. Go straight, you’ll see the school. Go to back parking lot.

### From I35 W:

- **Take the Flower Mound exit and go east on 1171 (turn right on 1171).** Travel through Flower Mound, staying on 1171.
- **DO NOT TURN RIGHT ON KIRKPATRICK RD FROM 1171** (there are two Kirkpatrick Roads).
- **From 1171 (after driving about 10 minutes), turn right onto Garden Ridge.** Go through a couple stop signs, **turn right onto Kirkpatrick (also called Bellaire Blvd and Wager Rd.).** The street sign on the right will say “Kirkpatrick”. Go straight, you’ll see the school.

### • This is a unique opportunity!

Give your kids the confidence to know how to handle themselves when confronted with a difficult situation. *Mr. Margach personally guarantees that students will have fun, but more importantly, learn valuable life skills that will impact their lives.*

**PRICE:** Students purchasing tickets in class:  
\$25 (cash only please).

Parents can watch for free!

Tickets available on seminar day at the door for \$35 (cash only please).

### For More Info Contact:

Robert Margach / 817.845.1557  
e-mail: Director@RedTigerKarate.com  
web site: www.RedTigerKarate.com

### 2010 SUMMER Bully Self-Defense Seminar

Pre-registration in class \$25. Cash only please.

Red Tiger Id#: \_\_\_\_\_

Student Name: \_\_\_\_\_ Age: \_\_\_\_\_ Current Belt Color: \_\_\_\_\_

Em. Phone during the event: (\_\_\_\_\_) \_\_\_\_\_ 2nd Tel #: (\_\_\_\_\_) \_\_\_\_\_ Training Loc: \_\_\_\_\_

